



*Soul*  
**FOOD**

**GETTING FULL ON GOD'S  
FOOD FOR YOUR SOUL**

A SERMON SERIES FOCUSED ON:

1. BE JOY-FULL - PHILIPPIANS 4:4
2. BE FAITH-FULL - PHILIPPIANS 4:5
3. BE PRAYER-FULL - PHILIPPIANS 4:6-7
4. BE WORSHIP-FULL - PHILIPPIANS 4:8

BROUGHT TO YOU BY PASTOR LARRY L. ROUNDTREE, II

**NMZ TAMPA**  
PHILIPPIANS 4:4-8



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# Recipe for a Faith-Full Life

Philippians 4:5

*“Let your moderation be known unto  
all men. The Lord is at hand.”*

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# Be Faith-Full

## Moderation:

*Epieikes:* appropriate, mild/gentle

## Gentle

- Titus 3:2
- James 3:17
- 1 Peter 2:18

## Patient

- 1 Timothy 3:3





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# Be Faith-Full

**Moderation:**

ESV – *“reasonableness”*

CSB – *“graciousness”*

NIV – *“gentleness”*

ASV – *“forbearance”*

NLT – *“considerate”*



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# Recipe for a Faith/Grace-Full Life

## Ingredients

- A heaping helping of grace from God (James 4:6a)
- A mustard seed of faith (Matthew 17:20)
- The fruit of the Spirit (Galatians 5:22-23)
- A dash of salt (Colossians 4:6)



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# Recipe for a Faith/Grace-Full Life

## Directions

Start with asking God for more grace

Then, add a mustard seed of faith in God's power to provide

Next, mix the fruit of the Spirit into your character

Finally, season with the salt of Christian living

**The final product will be a life of  
faithfulness/gracefulness!**

**(Matt 25:14-30)**





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# Recipe for a Faith/Grace-Full Life

*"...Be thou faithful unto death, and I will give thee a crown of life."*

Revelation 2:10b

